

NAME :

DATE:

QUESTIONNAIRE : POSSIBLE EXPOSURE TO TOXIC CHEMICALS

Please answer the following questions pertaining to possible effects on your body from indoor and outdoor pollution

YOUR HOME :

-Where do you live ?

in a town ? in a village ? in the country ?

in the centre ? on the outskirts ?

south from the centre ? north ?

east' ? or west ?

- Is there much traffic past your home ?

cars ? trucks ? buses ?

- Do you live on a corner or near a corner ?

- Is there in the neighbourhood of your home :

a bus stop ?

traffic lights ?

a main road ? .how far ?

public works ?

a railway ?

trams ?

an airfield ?

a school ?

a petrol station ?

a garage ? coach works ? with a spray booth ?

an electricity substation ?

high-tension cables ? how far ?

a stream or a river ?

does it smell bad ?

an industrial estate ?

a factory (ies) ?

which one(s) ?

how far ?

do they pollute ?

- Are you troubled by someone in your neighbourhood who burns

his waste material, wood, plastics, garden rubbish ... ?

What about a barbecue?

- Is the road past your house made with paving-stones

or with asphalt ?

- Are there near your home pastures?

fields?

greenhouses?

orchards?

cultivation of flowers ?

vegetables?

do they spray with pesticides ? often?

Do you live :

in a house ? isolated?

in a row ?

in an apartment ? which floor ?

is your home old or new ?

how long have you lived there ? and where before that ?

Do you have much wood work in your home?

where? walls? floors? ceilings?

Has the wood been treated with preservatives?

Sadolin ? Linitop ? Xylamon (Xyladecor)?

if yes, when ?

- Has painting been carried out in your home-during the last few years? with oil paint ? water soluble paint ?
 Latex, Stelatex ? acrylic paint ?
 did you suffer from it ?
- Do you often use ; white spirit ?
 thinners ?
 turpentine?
 Sadolin (the old or the new one)?
- The floor coverings in your home, what are they and where?
 parquet or wood strip ?
 vinyl? Novilon?
 linoleum ? Atone?
 fitted carpet ? Synthetic or wool?
- Are the walls covered with vinyl wallpaper?
 Where ?
- Do you have ply or solid wood furniture?
- What do you have on your bedroom floor ?
 on the walls ?
 Are your blankets or quilts synthetic? Mattress?
 pillows; foam or down ?
 do you have plastic lampshades ?
- Are the curtains and hangings in the bedroom and dining room
 synthetic?
 cotton?
 velvet?
- Is your bedroom immediately under the roof?
 or is there an attic above ?
 is the roof : flat or pitched ?
 Insulated? With what?
 Has the woodwork of the roof been treated with
 preservatives? Which ones?

- Is your garage included in house? or separated ?
 - la the garage sufficiently separated from the dining room ?
- How is your home heated ?
 - * Central heating? is it oil-fired ? gas?
 - is the boiler in a separate place ?
 - * electric heating ?
 - * gas radiators ? how many ?
 - * coal stoves?
 - * wood stoves ?
 - * open fireplace ?
- Do you cook by gas? Or electricity ?
 - Can you ventilate your kitchen well?
- For drinking water, do you use bottles?
 - plastic? Or glass?
 - what do you know about the tap-water ?
 - is it rich in calcium? Does it contain chlorine?
 - Do you use it for tea, coffee, soup, boiling potatoes...?
- Do you smoke? How many?
 - Your husband, wife?
 - Your children?
 - Others around you?
- What do you think about your food?
 - is it well balanced ?
 - do you eat little or much ?
 - do you drink little water or much ?
 - at irregular hours ?
 - many milk products ?
 - do you cook your food at high temperature ?
 - do you often eat in restaurants ?
 - do you drink much beer, wine, alcoholic drinks ?

Are you sensitive to:

Perfume?

Ammonia?

Cleaning products ?

Bleach?

Bee wax?

Others?

Do you suffer or have you suffered of hay fever ?

Skin allergies?

Food allergies?

Do you have animals at home?

cat (3) ?

Dog ?

Bird ?

Others ?

Do you have a second residence?

Where?

a chalet ?

Wood construction?

Caravan?

A country house?

How do you feel by the sea?

in the mountains ?

How many miles do you drive a year?

Do you ride a bicycle?

Do you use cosmetics? Which one(a) ?

Do you use hair lacquer or dye? Which one(s)?

Do you know the composition?

Do you wear - many synthetic garments?

- Rubber shoes or shoes with synthetic soles?

- a digital watch ?

Do you often have your clothes dry-cleaned?

Do you have any dental fillings ? how many ?

Amalgams ?

Have you orthopaedic or other prostheses?

Which one(s)?

YOUR PROFESSION:

- Which is or was your profession?

- Where do or did you work?

at home ?

in industry ?

in a factory ?

in a company ?

somewhere else ?

- Since how long do (did) you work there?

and before ?

- Do (did) you work in a town or in the country?

- Do (did) you do manual work?

Administrative work ?

Others ?

- Is there near your work:

Heavy traffic?

a garage ? Coach works? With a spray booth ?

a main road ?

a petrol station ?

a factory (ies) ?

an industrial estate ?

a river or a stream ?

- Do (did) you work with a computer ? a photocopy machine ?

or did other people working near you ?

- Do (did) you work in a large or a small room?

Is (was) there a sufficient ventilation:

natural?

air-conditioning?

do(did) you suffer from it ?

- The floor coverings in your office/work place, what are they and where ?

parquet or wood strip ?

Vinyl?	Novilon?
linoleum?	atone ?
Fitted carpet ?	Synthetic or wool ?

- Are the walls a covered with vinyl wallpaper?

Where ?

- Do you have ply or solid wood furniture ?

- Do (did) you work with dangerous products ?

Do you use thinners ? white spirit ? turpentine?
others ?

- Do (did) you smoke at work or did people smoke near you ?

- Do you think you suffer from toxics in your environment ?

At home?

At work?

- Would you think pollution is an important threat to your health ?

- Are you well aware of problems of pollution?

Remarks: